DATE:	
TO:	
FROM:	MICHAEL SISK Pension Manager
RE:	Attached Pension Retirement Application

Please be advised that the amounts shown on the attached "Pension Retirement Application" are estimates and are subject to change. The attached estimates are not intended as, nor are they to be construed to constitute, a final calculation and determination of your actual benefit payable under the STA-ILA Pension Plan (the "Plan"). Therefore, they should not be relied on in making a decision about when to retire. The attached lump sum estimates may change for reasons including, but not limited to , variations in the interest rate on 30-year U.S. Treasury securities in effect on your actual retirement date. In addition, estimates of your benefit under the Plan are subject to change if your benefit is or becomes subject to a Qualified Domestic Relation Order ("QDRO"). The attached estimates (do) (do not) reflect the effect of a QDRO.

The attached estimates are subject to changes required by applicable law, such as changes to comply with the annual maximum benefit limits imposed by Internal Revenue Code Section 415(b).

Signature of Member		

PART A

PENSION APPLICATION PACKAGE

STEAMSHIP TRADE ASSOCIATION OF BALTIMORE, INCORPORATED/INTERNATIONAL LONGSHOREMEN'S ASSOCIATION (AFL-CIO) PENSION PLAN

REQUEST
FOR
APPLICATION

Please send an applica	ition for pension benef	fits to:		
Name:				
	ast	First		Middle
Address:				
		Street		
City		State		Zip Code
Tel:	Birth	nDate: 1	SSN:	
I request the commence	ement of my pension b	penefits on	and certif	y that I will
•		vered by the STA-ILA Pe		··
your planned Annuity	Starting Date.	nsion application a mini	mum of 30 days in adva	nce of
I wish to apply for a: (Ch	neck One)			
Normal	Service	Early	Disability	Vested Pension
(Your benefit will be cal which you are eligible.)	=	he type of pension that pr	ovides the greatest benef	fit and for
lf applying for a Disabili	ty Pension, provide da	ate first disabled:		
and nature of disability:				
		at you are permanently a ected by the Trustees will	nd totally disabled and un be required.	able to perform longsho
Marital Status: (Check (One)	Married	Not Married	
	your designation of a		ertificate. If you have no s rovide the name, Social S	
Spouse's Name:			SSN:	
Spouse's Birth Date:		(attach copy of b	rth certificate)	
Date:				
			Participant's S	
You must complete an Annuity Starting Date.	d file your pension ap	plication a minimum of 30	days in advance of your	planned
IMPORTANT! YOUR P AFTER THE ANNUITY		CANNOT BE REVOKE	D, CHANGED OR MODIF	FIED

PART PENSION
B APPLICATION
MARRIED PACKAGE

STEAMSHIP TRADE ASSOCIATION OF BALTIMORE, INCORPORATED/INTERNATIONAL LONGSHOREMEN'S ASSOCIATION (AFL-CIO) PENSION PLAN

Name:				
_	Last	First	Middle	SSN
■ Be sure t	o sign, date, and have witnessed a	all applicable sections.		
■ Enclose 1	the following additional items if require Proof(s) of Age Copy of certificate(s) of marriage, de			
■ Return the	e complete application package at lea		our pension to start	
form of pay	ed letter shows the type of pension yo ment. This information is based on yo d Office immediately.		•	J ,
Single Life	Option. You receive a full monthly pe	ension for life . When you die,	payments stop.	
İ	■ If you are not married, your pension	will be paid in this form unless	s you choose a different opt	ion.
!	■ If you are married and your spouse been married for at least ten years wh This benefit is equal to \$30 times you \$600. Payments start upon the later o	nen you die, your spouse will re ur number of earned pension o	eceive a monthly benefit up redits up to a maximum ber	on your death. nefit of
	and Wife Pension. You receive a reducension for life equal to 50% of your b		u die, your spouse	
	■ If you are married, your pension will your spouse's consent.	be paid in this form unless yo	u choose a different form w	vith
1	■ If you are not married, you may not	elect this option.		
•	Beneficiary Options. You receive a ropension for life equal to a percentage	•		
1	■ Option #1 - Your beneficiary receiv	es 50% of your benefit, or		
1	■ Option #2 - Your beneficiary receiv	es 100% of your benefit, or		
I	■ Option #3 - Your beneficiary receiv	es 75% of your benefit.		
guarantee p	tain Annuity Options. You receive a period, your beneficiary receives the ropyour beneficiary stop.			
You may ch	noose:			
1	■ Option #4 - ten year guarantee pe	riod (120 monthly payments) for	or your beneficiary, or	
ı	■ Option #5 - five year guarantee pe	riod (60 monthly payments) fo	r your beneficiary.	
Choose one	e of the following payment forms.			
	I am married and want my pension in	the automatic form of a Husba	and and Wife Pension.	
	I am married and want my pension in Participant's and Spouse's Statement	<u> </u>	•	Married

Option #1 _____50% Surviving Beneficiary

Option #2 _____100 % Surviving Beneficiary

Option #3 75% Surviving Beneficiary

Single Life Option

Option #4 _____5 Year Period Certain Guarantee
Option #5 _____10 Year Period Certain Guarantee

PART B

MARRIED Under this Pension Plan your benefit is paid automatically as a Husband-and Wife Pension if you are married when you retire, unless you and your spouse reject that form of payment. The Husband-and-Wife Pension provides for an actuarial reduction in the monthly pension amount payable for your lifetime. When you die, your spouse receives a lifetime pension equal to 50% of the amount that was paid when you were alive. It is important that you understand the following conditions apply when making your choice about the Husband-and-Wife Pension.

- You and your spouse must be married to each other when your pension starts and for at least one year at the time of your death for the surviving spouse pension to be effective.
- If your spouse dies or you are divorced before your pension starts, the election is automatically canceled and your benefit will be paid as a life annuity unless you elect otherwise.
- If your spouse dies after your pension starts, your pension benefit will be increased to the unreduced monthly amount that would have been payable to you had you selected the Single Life Option.
- If you are married for at least one year before but are divorced after your pension starts, the election remains effect and your spouse will receive the benefit under the Husband-and-Wife Pension for his or her lifetimes unless a Qualified Domestice Relations Order provides otherwise.
- If you and your spouse decide to reject the Husband-and-Wife Pension, each of you has the right to change your decision before, but not after your pension starts. You must notify the Fund Office in writing.

Note that if you elect the Single Life Option, your surviving spouse, if any, will receive a lifetime pension when you die provided you were married for at least ten years, regardless of that election. The amount of the monthly benefit payable to your spouse is \$30 per pension credit up to \$600. Payment of this benefit begins when you die or when your spouse reaches age 50, whichever is later.

If you want to reject the husband-and-wife pension, you must sign the following married participant's statement

,		,	do not want to rece	eive my pension in the form of
		erstand that rejecting this fo		
vill be paid to m	ny spouse by the Pe	ension Plan after my death,	unless I choose and	other option which
	or benefits and design form is my current le	gnate my spouse as benefi egal spouse.	ciary. I hereby state	that the person
		Single Life Option my spou	· ·	·
urvivor pension r upon reachin	n after I die equal to	Single Life Option my spou	aximum of \$600) beg	ginning when I die
urvivor pension or upon reachin	n after I die equal to	o \$30 per pension credit(ma rovided we have been mari	aximum of \$600) beg	ginning when I die
survivor pension	n after I die equal to g age 50, if later, pr	o \$30 per pension credit(ma rovided we have been mari	aximum of \$600) begined ten or more yea	ginning when I die ars at the time of my

Notary Public

Plan Representative

PART
В
MARRIED

	state that I am the legal spouse of	
(Name of Spouse)		(Name of Participant)

I acknowledge that I understand that, under the STA-ILA Pension Plan, there are two forms of pension that provide benefits to a participant (with a 5, 10 or 15% lump sum option) and automatic benefits to a surviving spouse after the death of a participant. The two pension forms include the Husband-and-Wife form which provides a surviving spouse benefit and the Single Life Annuity which may provide a Post-Retirement Benefit.

The STA-ILA Pension Plan is legally required to pay retirement benefits of married participants in the Husband-and-Wife Pension form unless the participant and spouse agree to reject that form of payment. The Husband-and-Wife Pension provides a pension for the life of the participant's surviving spouse after the participant's death. The surviving spouse benefit is equal to 50% of the monthly pension paid to the participant while living. No surviving spouse benefit is payable if the Husband-and-Wife Pension form is rejected.

If the Husband-and-Wife Pension form is rejected, the participant has an option to elect a Single Life Annuity. This pension form provides a monthly Post-Retirement Death Benefit equal to the lesser of: a) \$30.00 times the number of Pension Credits earned by the pensioner and b) \$600.00. The Post-Retirement Benefit is payable provided that the pensioner and spouse were married to each other for at least ten years prior to the pensioner's death. It is, however, not payable to the spouse if he/she is under age 50 at the pensioner's death and will not be paid until age 50 is attained.

As participants have the option to receive 5, 10 or 15 percent of their benefit in a lump sum, I understand that any surviving spouse benefit or Post-Retirement Death Benefit, under a Husband-and-Wife Pension or Single Life Annuity, may be reduced if the participant elected to receive a lump sum. Any surviving spouse benefit or Post-Retirement Death Benefit would be reduced by the percentage of benefit that the participant elected to receive in a lump sum. If the participant does not elect to receive a portion of his/her Husband-and-Wife or/Single Life Annuity benefit in a lump sum, any surviving spouse benefit or Post-Retirement Benefit would not be reduced.

I acknowledge that I consent to the participant's:

Notary Public

- election of a Husband-and-Wife Pension with a Lump Sum Option which provides a reduced surviving spouse benefit.
- election of a Husband-and-Wife Pension without a Lump Sum Option which provides an unreduced surviving spouse benefit.
- rejection of a Husband-and-Wife Pension and election of a Single Life Annuity with a Lump Sum Option which provides a reduced Post-Retirement Benefit with no surviving spouse benefit unless you have been married 10 years.
- rejection of a Husband-and-Wife Pension and election of a Single Life Annuity without a Lump Sum Option which provides an unreduced Post-Retirement Benefit with no surviving spouse benefit unless you have been married 10 years.
- rejection of Husband-and-Wife 5 Year Certain which provides reduced benefits.
- rejection of Husband-and-Wife 10Year Certain which provides reduced benefits.
- rejection of Husband-and-Wife Pension and election of 100% Surving Beneficiary Option with a Lump Sum Option which provides a reduced surviving spouse benefit.
- rejection of Husband-and-Wife Pension and election of 75% Surviving Beneficiary Option. with a Lump Sum Option which provides a reduced surviving spouse benefit.
- rejection of Husband-and-Wife Pension and election of 50% Surviving Beneficiary Option.

I also understand that the participant may not name someone other than me as beneficiary to receive any benefit payable under the Plan in the event of his/her death unless I either consent to the designation or waive my right to do so. Please check one of the following:

■ I permit the participant to change the beneficiary designated or the benefit option specified on this form without my further consent.

•	specified on this for	m without my con	nge the beneficiary designated sent. I specifically consent to table as the designated larger	he participant	
By signing th	nis form, I give my co	nsent to the partio	cipant's pension choice.		
	Spouse's Signat	ure	_	Date	
State of:		County of:	SSN	:	
On thewho execute	day of _ed the foregoing in m	y presence.	2020 before me came		

Plan Representative

PART B MARRIED

I hereby designate the following to receive the benefit, if any, payable under the Plan upon my death.

Primary Beneficiary	Contingent Beneficiary for Period Certain Options
Name	Name
Address	Address
City	City
State Zip	State Zip
Beneficiary's SSN:	Beneficiary's SSN:
Participant's Signature	Participant's Signature
Participant's SSN:	Participant's SSN:
State of: County of:	
On theday of2020 who executed the foregoing in my presence.	before me came
Notary Public	Plan Representative
this application are true to the best of my know	Pension Plan and certify that the statements made in vledge and belief. I understand that a false statement enied, suspended, or discontinued and that the Trustees to me in reliance on a false statement.
Signature of Applicant	Date Signed

PART B MARRIED

	_I elect not to have federal in	come tax withheld	from my pension or ar	nuity.
	_ I elect to have federal incom checked this option, you mu		• •	ty. (If you have
SSN:				
Name:	Last		First	Middle
Address:				
		St	reet	
	City	State	Z	Zip Code
Executed	thisday of		2020	
			Signat	ure of Applicant

NOTE: Federal income tax may be withheld as if you were married with three exemptions unless you instruct otherwise by completing this Form and, if required, IRS Form W-4P.

PART В

ADDITIONAL FORMS OF PAYMENT

SINGLE OR

Percentage of benefit (Lump Sum) with balance in other option. In addition to the Surviving Beneficiary Options and Period Certain options, you have the choice of receiving a percentage MARRIED of the present value of your benefit in a lump sum. You may receive 5, 10 or 15% of your benefit in a lump sum. The balance (or remainder) of your benefit may be received as a Qualified Joint & Survivor Annuity (Husband-and-Wife), Surviving Beneficiary benefit (Option #1, 2 or 3) or Period Certain benefit (Option #4 or 5).

- Option #6 Lump sum payment with remainder as QJSA. (available to married participants only).
- Option #7 Lump Sum payment with remainder in Option # 1, 2, 3, 4 or 5.

ELECTION

Choose one	of the following	payment forms I	by placing a ch	eck mark in the	appropriate box.	
Option #6	5%	10%	15%			
	Lump Sum pay	ment with remain	der in QJSA	(available to i	married participants only	y)
Option #7	5%	10%	15%			
•	Lump Sum payment with remainder in option			(choose optic	on #1, 2, 3, 4 or 5)	
	#1	#2	#3	#4	#5	

PART B

MANDATORY INCOME TAX WITHHOLDING ON LUMP SUM DISTRIBUTIONS

SINGLE OR MARRIED

This notice contains important information you will need before you decide how to receive benefits from the STA-ILA Pension Plan.

Your Lump Sum payment can be issued in two ways. You can request that all or any portion of your payment be either 1) PAID IN A "DIRECT ROLLOVER" or 2) PAID TO YOU.

All Lump Sum payments from the Plan are considered eligible for "rollover". The benefits PAID TO YOU are subject to mandatory income tax withholding. Benefit payments which are paid in a DIRECT ROLLOVER are not subject to the mandatory income tax withholding. These benefit payments are made directly to your IRA or another qualified employer plan that accepts your rollover.

According to the Internal Revenue Code, the Plan is required to withhold 20% of the amount of your benefit payment which is an eligible rollover distribution. This amount is sent to the IRS as income tax withholding (Residents of Maryland will have 7.75% withheld for State tax). For example, if your eligible rollover distribution is \$10,000 only \$8,000 will be paid to you because the Plan must withhold \$2,000 as income tax. However, when you prepare your income tax return for the year, you will report the full \$10,000 as a payment from the Plan. You will report the \$2,000 as tax withheld and it will be credited against any imcome tax you owe for the year.

Please place a check mark in one of the boxes below to indicate whether you elect a direct rollover of

your pension payment:	
	mp sum payment to an IRA or other qualified ent (5, 10 or 15%), after withholding 20 percent for
<u> </u>	artial lump sum payment directly to an IRA or other ers. The IRA or other retirement plan is named below.
<u> </u>	d retirement plan named below, and pay the remainder enefits paid directly to me, not an IRA or qualified
Signature	Witness
 Date	

If you elected a direct rollover, you must provide all of the following information. If we do not receive this information within 45 days, the Plan will make the payment to you, after deducting the legal required withholding.

Please make payment of my benefits on my behalf to:		
Name of IRA Trustee or Qualified Retirement Plan		
Account Number		
Mailing Address		

CERTIFICATION

If you have elected a direct rollover of all or part of your benefit, please read a	and
sign the following statement:	

I certify that the direct rollover recipient that I have named is an Individual Retirement Account, an Individual Retirement Annuity, an Annuity Contract, a qualified plan maintained by a State, Political Subdivision of a State, or an agency or instrumentality of a State or Political subdivision, or a qualified retirement plan that accept rollovers as those terms are described in the Internal Revenue Code. I understand that payment of my benefits to the trustees of the IRA or qualified retirement plan will release the Trustees of the STA-ILA Pension Fund from any benefits so paid.

Signature	Date

STEAMSHIP TRADE ASSN./INTERNATIONAL LONGSHOREMEN'S ASSN>. PENSION TRUST FUND - BENEFITS TRUST FUND

Date:		
	, Social Security #	, has elected to receive a
a distribution	from the STA-ILA Pension Fund (the "Fu	
(the "Distribution"). The Fund is	a tax-qualified retirement plan under Sec	tion 401 of the Internal Revenue
Code .In addition, the Distributio	n is attributable to employer contributions	s to the Pension Fund.
	has elected to have	of this Distribution paid in the
form of a direct rollover to		established with your
organization (the "IRA").	(Name of Plan/IRA)	
Please complete the following co	ertification and return it to STA-ILA Pension	on Fund within 10 days.
Thank you in advance for your a	ssistance in this matter.	
********	************************	**********
I hereby certify that the		constitutes an eligible retirement
- · · · · · · · · · · · · · · · · · · ·	(Name of Plan)	
plan within the meaning of Section	on 402 (c) (8) (B) of the Internal Revenue	e Code.
Name of Organization		
Name of Organization		
Address		
City, State & Zip		
Telephone #		
Signature		
Print Name		
Title of Person Signing		
Date		